

Year One: Be Yourself

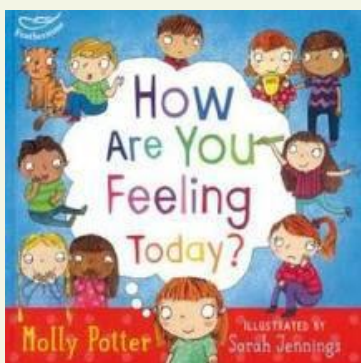
Knowledge Organiser



The Big Idea

It is important that children understand a range of emotions that they may feel. They should know that their choices have consequences for themselves and others. They should celebrate their differences.

Our Linked Text



Feelings

I know different things change the way I feel.

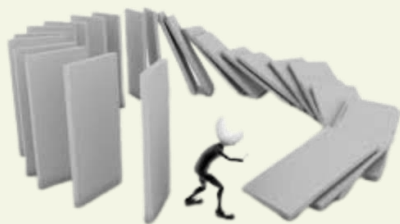


Choices



The choices I make affect my physical and emotional health.

Consequences



If I make any wrong choices, this can have a not-so-good consequence.

I am unique



I know that I am unique and there is not another me.

Vocabulary

feelings physical health emotional health unique loss
consequence confidence