

Year Three: Be Yourself

Knowledge Organiser



The Big Idea

It is important that children understand a range of emotions that they may feel. They should be able to set themselves goals to improve and learn how to fix things when they have made a mistake.

Our Linked Text



Feelings

Different feelings can affect my actions.





Goals



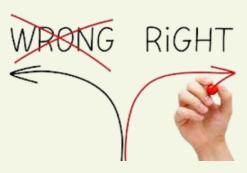
I can use my strengths to set myself new goals.

Media



I should know that messages in the media are not always realistic.

Mistakes



If I make a mistake, I can make things right.

Vocabulary

proud assertive media risk confidence influence strategies