



Physical Education

Subject Leader Report
2024-2025



Subject Leader: Donna Rigby

Autumn Term

This term, PE at Masefield Primary School has seen exciting developments. The PE leader has observed lessons, conducted learning walks, performed assessments, spoken to children, and refined teaching procedures to ensure high-quality learning. The PE curriculum is underpinned by the Three Pillars of Progression: Motor Competence and Fundamental Movement, Rules, Strategies, and Tactics, and Healthy Participation. Pupils also develop Declarative Knowledge (knowing what to do) and Procedural Knowledge (knowing how to do it), forming a well-rounded foundation for lifelong physical activity.

Early Years Foundation Stage (EYFS)

In Nursery and Reception, children have focused on fundamental movements, foundational fitness, and foundational ball skills. The outstanding learning environment enables pupils to embed these skills through continuous provision and play, supporting physical confidence and enjoyment.

Key Stage 1 (Years 1 & 2)

Year 1

Hands: Basic skills including running, jumping, throwing, and catching.

Head: Apply simple strategies for attacking and defending.

Heart: Follow simple rules and cooperate with others.

Year 2:

Hands: Refine basic skills with increased consistency.

Head: Recognise and recall combinations of skills.

Heart**: Use teamwork to complete objectives and games.

Lower Key Stage 2 (Years 3 & 4)

Year 3:

Hands: Develop invasion game skills such as bounce and chest passes and basic attacking play.

Head: Follow basic rules of modified games and use tactics to build attacking plays.

Heart: Link skills to perform effectively as a team.

Year 4:

Hands: Show confidence and consistency in invasion game skills like dribbling, throwing, and shooting in controlled settings. Perform fluid combinations of handling skills.

Head: Understand specific invasion rules and self-assess to identify strengths and areas for improvement.

Heart: Demonstrate moderate endurance and fitness.

Key Achievements and Next Steps

The PE curriculum continues to emphasise the holistic development of pupils' physical, cognitive, and social skills. Moving forward, a key focus will be deepening procedural knowledge through targeted practice and building on teamwork and strategic thinking to enhance game performance.

PE at Masefield Primary School ensures all pupils develop the skills, knowledge, and confidence to lead active, healthy lifestyles.



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